

Greetings from the SD Diabetes Prevention & Control Program (DPCP) and welcome to the June 27, 2008 edition of the "DPCP FYI". Each FYI is received by over 450 diabetes care professionals in and around South Dakota. If you have trouble with the links, the e-bulletin is also posted on the DPCP website at <http://diabetes.sd.gov>. If you have suggestions for improvement to the FYI or if I can otherwise be of assistance, please let me know. Colette

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Wellmark Health Literacy and Diabetes Workshop

Black Hills State University and Sanford Disparities Research Center-Spearfish are pleased to present this one-day workshop on Monday, August 11, 2008 at Cedar Shore Hotel in Oacoma SD. There is no charge for the workshop. Hotel rooms may be booked at the rate of \$89.95/night by calling 605-734-6376 and mentioning the Sanford Workshop. A continental breakfast and lunch will be served. Wellness breaks will include yoga demonstrations and nutrition trivia activities.

The "Wellmark Health Literacy Assessment and Improvement Workshop" is funded through the Wellmark Foundation through awarded Grant #2007-01-24, and addresses diabetes and low health literacy, a combination which may have dire consequences for the health of American Indian people in South Dakota. The one-day free workshop will be presented by Mary Rogers, PhD, Victoria Grey Owl, PhD, RD and Cynthia Helba, Westat.

The principle objectives of the workshop are to:

- disseminate finding of the Wellmark grant on Health Literacy Assessment and Improvement among American Indian people in South Dakota with Diabetes;
- provide a forum for engaging health care providers and patients in a discussion of issues identified;
- explore the implications of the recommendations from workshop discussions and focus groups; and
- identify continuing research and data needs and implementation strategies.

For more information on attending this workshop, see <http://doh.sd.gov/Diabetes/Events.aspx> or contact Peggy Gubbrud, Sanford Disparities Research-Spearfish, at 605-722-0345. Workshop registration should be made no later than July 10, 2008. Filming of the workshop is anticipated and a release will need to be completed.

Grant Writers Workshop-August 13th in Pierre

Over 100 grant writers, from beginning writers to advanced, will gather at the Ramkota RiverCentre in Pierre on Wednesday, August 13th for the 4th Annual South Dakota Grant Writer Conference. Ron Mirr, a well-known regional grant writer and educator from Des Moines, Iowa,

will be the presenter. Registration is open now at www.stmarysfoundation.com and the one-day conference costs \$60.00. The conference will begin at 8am and run through 4pm. A free breakfast is set for 7:30-8:30am for anyone interested in forming a South Dakota American Association of Grant Writing Professionals.

Ron Mirr is an experienced presenter and continues to consult and write grants for education, health, and communities. He will be teaching the concepts of grant writing, where to find funding, how to decide if a grant is appropriate for your organization or projects, how to plan your grant, turning your plan into a competitive narrative and how grants are scored. This session is appropriate for all levels of grant writing experience.

Wellmark Foundation-Last 2008 Funding Opportunity-Due August 21st

Under its Community Responsive Grant Program, the Wellmark Foundation is accepting Letters of Interest from community-based organizations or coalitions interested in improving the health of communities in South Dakota and Iowa through prevention projects. Specifically, funding seeks to facilitate projects targeting:

- Childhood obesity prevention
- Community-based wellness and prevention

Visit www.wellmark.com/foundation to learn more about the funding opportunity, download the full Request for Proposals and Letter of Interest requirements, and see the new funding process and project support. Letters in Interest are due to the Wellmark Foundation by Thursday, August 21, 2008.

National Eye Institute (NEI), National Institutes of Health 2009 Healthy Vision Community Awards Program-Due August 29th

NEI is pleased to announce that applications for the 2009 Healthy Vision Community Awards (HVCA) program will be available June 30, 2008. This program provides funding up to \$10,000 for the implementation of eye health education and promotion activities that support the Healthy Vision 2010 objectives and the Healthy People 2010 goals to reduce health disparities and improve quality of life. The focus of each program must be eye health education. The 2009 HVCA funds are not intended for research projects or to provide direct medical care.

Nonprofit organizations are encouraged to apply, including community-based organizations and agencies, minority-based organizations, schools, faith-based organizations, civic and fraternal groups, community clinics, local Agencies on Aging, and state and local health departments and agencies. Universities and university affiliations, such as medical centers and schools of optometry and ophthalmology, are precluded from receiving an award directly, but are welcome to collaborate with eligible groups, such as community-based organizations. The final selection of award recipients will be based on a combination of the evaluation score, geographic and racial/ethnic representation, and project innovation. All applications must be postmarked by Friday, August 29, 2008. Awards will be announced in January 2009.

Application forms and program information are available at www.healthyvision2010.org/news/hvca

County Level Estimates of Diagnosed Diabetes-Percentage of Adults in South Dakota by Quartiles, 2005

The Centers for Disease Control & Prevention has released estimates of diagnosed diabetes for all counties in the United States. Derived from the agency's Behavioral Risk Factor Surveillance Survey (BRFSS) and census data, the estimates provide a clearer picture of areas within states that have higher diabetes rates. To access the county-level estimates for SD, click on the hyperlinked [County Level Estimates of Diagnosed Diabetes — Percentage of Adults in South](#)

[Dakota by Quartiles, 2005](http://doh.sd.gov/Diabetes/Default.aspx) at <http://doh.sd.gov/Diabetes/Default.aspx>. For estimates of all counties in the US, visit the DDT Data and Trends Website at www.cdc.gov/diabetes/statistics.

www.mycarbservings.com

Do you need a user-friendly tool to teach your patients about carb counting?

www.mycarbservings.com, a new web tool to educate people with diabetes and their families about carb counting, has been developed by Interactive Training Technologies, Inc. for the SD DPCP. The web tool contains the basics of carb counting, carb servings in real-life photograph form, sample meal plans that apply carb counting principles, and label reading to calculate carb servings of purchased foods. Check out www.mycarbservings.com and share this important web tool address with your patients.

Looking for Volunteer Opportunities for a Pediatric NP, CDE

A NP, CDE who specializes in endocrinology and pediatrics and lives in Virginia has contacted the DPCP about opportunities to volunteer while vacationing in the Hills in January 2009. She is willing to educate, present, or assist in other ways. If you have an idea for her, contact Colette at 773-7046.

Recommendations for Management of Diabetes in South Dakota Guidelines

The SD Diabetes Prevention & Control Program, the SD Foundation for Medical Care, and numerous providers have collaborated to produce the *Recommendations for Management of Diabetes in South Dakota*. These recommendations utilize current research and evidence-based practices and are meant to serve as a guide to providing appropriate care and treatment to people at-risk-for and with diabetes. Providers are encouraged to adapt the recommendations to provide individualized, culturally sensitive care to all patients for optimal health outcomes and to provide consistency in the treatment and prevention of the long-term complications of diabetes.

The recommendations were developed as part of a statewide initiative to improve the health care of people with diabetes, and are consistent with the *South Dakota Diabetes State Plan 2007-2009*. The *Recommendations* and *Plan* are available at <http://diabetes.sd.gov>. To request a hard copy of the *Recommendations*, send your contact information to colette.hesla@state.sd.us.

Provider Quick Reference Tool-Obesity and Diabetes Treatment Guidelines

A 2-sided Provider Quick Reference tool on obesity and diabetes treatment guidelines is now available at <http://doh.sd.gov/Diabetes/Guidelines.aspx>. Two laminated copies of the quick reference tool are included in each hard copy of the *Recommendations for Management of Diabetes in South Dakota*.

If you have received this FYI from a colleague and you'd like to subscribe or to unsubscribe, contact Colette at the email below.

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